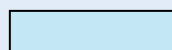


2013 Recommended Immunizations for Adults by Age

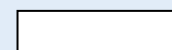
Talk to your healthcare professional about these vaccines:	If you are this age,					
	19 - 21 years	22 - 26 years	27 - 49 years	50 - 59 years	60 - 64 years	65+ years
Influenza (Flu) ¹	Get a flu vaccine every year					
Tetanus, diphtheria, pertussis (Td/Tdap) ²	Get a Tdap vaccine once, then a Td booster vaccine every 10 years					
Varicella (Chickenpox) ³	2 doses					
HPV Vaccine for Women ^{3,4}	3 doses					
HPV Vaccine for Men ^{3,4}	3 doses	3 doses				
Zoster (Shingles)					1 dose	
Measles, mumps, rubella (MMR) ^{3,5}	1 or 2 doses					
Pneumococcal ⁶	1 - 3 doses					1 dose
Meningococcal ³	1 or more doses					
Hepatitis A ³	2 doses					
Hepatitis B ³	3 doses					



Boxes this color show that the vaccine is recommended for all adults who have not been vaccinated, unless your healthcare professional tells you that you cannot safely receive the vaccine or that you do not need it.



Boxes this color show when the vaccine is recommended for adults with certain risks related to their health, job or lifestyle that put them at higher risk for serious diseases. Talk to your healthcare professional to see if you are at higher risk.



No recommendation

FOOTNOTES:

(Influenza vaccine)¹ There are several flu vaccines available—talk to your healthcare professional about which flu vaccine is right for you.

(Tdap vaccine)² Pregnant women are recommended to get Tdap vaccine with each pregnancy in the third trimester to increase protection for infants who are too young for vaccination but at highest risk for severe illness and death from pertussis (whooping cough).

(Varicella, HPV, MMR, Hepatitis A, Hepatitis B vaccine)³ These vaccines are needed for adults who didn't get these vaccines when they were children.

(HPV vaccine)⁴ There are two HPV vaccines but only one HPV vaccine (Gardasil®) should be given to men. Gay men or men who have sex with men who are 22 through 26 years old should get HPV vaccine if they haven't already started or completed the series.

(MMR vaccine)⁵ If you were born in 1957 or after, and don't have a record of being vaccinated or having had these infections, talk to your healthcare professional about how many doses you may need.

(Pneumococcal vaccine)⁶ There are two different types of pneumococcal vaccine: PCV13 and PPSV23. Talk with your healthcare professional to find out if one or both pneumococcal vaccines are recommended for you.

If you are traveling outside of the United States, you may need additional vaccines. Ask your healthcare professional which vaccines you may need.

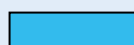
For more information, call toll free 1-800-CDC-INFO (1-800-232-4636) or visit <http://www.cdc.gov/vaccines>

2013 Recommended Immunizations for Adults by Medical Condition

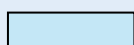
Talk to your healthcare professional about these vaccines:

If you have this health condition,

Talk to your healthcare professional about these vaccines:	Pregnancy	Weakened immune system (not human immuno-deficiency virus [HIV])	HIV Infection		Kidney disease or poor kidney function	Asplenia (if you do not have a spleen or it does not work well)	Heart disease, chronic lung disease, chronic alcoholism	Diabetes (Type 1 and Type 2)	Chronic Liver Disease
			CD4 count is less than 200	CD4 count is 200 or greater					
Influenza (Flu) ¹					Get a flu vaccine every year				
Tetanus, diphtheria, pertussis (Td/Tdap) ²	1 dose Tdap each pregnancy	Get a Tdap vaccine once, then a Td booster every 10 years							
Varicella (Chickenpox) ³	SHOULD NOT GET VACCINE	2 doses							
HPV Vaccine for Women ^{3,4}		3 doses through age 26 yrs							
HPV Vaccine for Men ^{3,4}		3 doses through age 26 yrs			3 doses through age 21 yrs				
Zoster (Shingles) ⁵	SHOULD NOT GET VACCINE		1 dose for those 60 yrs and older						
Measles, mumps, rubella (MMR) ^{3,6}	SHOULD NOT GET VACCINE	1 or 2 doses							
Pneumococcal (PPSV23)	1 or 2 doses	1 or 2 doses							
Pneumococcal (PCV13)		1 dose						1 dose	
Meningococcal ²	1 or more doses					1 or more doses	1 or more doses		
Hepatitis A ³	2 doses								2 doses
Hepatitis B ³	3 doses		3 doses			3 doses		3 doses	



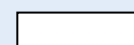
Boxes this color show that the vaccine is recommended for all adults who have not been vaccinated, unless your healthcare professional tells you that you cannot safely receive the vaccine or that you do not need it.



Boxes this color show when the vaccine is recommended for adults with certain risks related to their health, job or lifestyle that put them at higher risk for serious diseases. Talk to your healthcare professional to see if you are at higher risk.



Boxes this color indicate the adult should NOT get this vaccine.



No recommendation

FOOTNOTES:

Last updated September 2013 • CS243460-A

(Influenza vaccine)¹ There are several flu vaccines available—talk to your healthcare professional about which flu vaccine is right for you.

(Tdap vaccine)² Pregnant women are recommended to get Tdap vaccine with each pregnancy in the third trimester to increase protection for infants who are too young for vaccination but at highest risk for severe illness and death from pertussis (whooping cough).

(Varicella, HPV, MMR, Hepatitis A, Hepatitis B vaccine)³ These vaccines are needed for adults who didn't get these vaccines when they were children.

(HPV vaccine)⁴ There are two HPV vaccines but only one HPV vaccine (Gardasil®) should be given to men. Gay men or men who have sex with men who are 22 through 26 years old should get HPV vaccine if they haven't already started or completed the series.

(Zoster)⁵ You should get zoster vaccine even if you've had shingles before.

(MMR vaccine)⁶ If you were born in 1957 or after, and don't have a record of being vaccinated or having had these infections, talk to your healthcare professional about how many doses you may need.

If you are traveling outside of the United States, you may need additional vaccines. Ask your healthcare professional which vaccines you may need.

For more information, call toll free 1-800-CDC-INFO (1-800-232-4636) or visit <http://www.cdc.gov/vaccines>



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention